



 **nextgen**
Follow

**SR. HIGH
SEMESTER TWO**



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INTRODUCTION

Our NextGen Follow is a program that is designed to help you grow spiritually and become Jesus followers who live out their faith.

Throughout Follow, you will be put into small groups during the school year. You will have a small group leader who will be journeying with you and keeping you accountable during this program.

By the end of the program, once you have completed all that is asked in NextGen Sr. High Follow, you will have the opportunity to participate in a Missions Trip to Northern Ontario where we have the privilege of partnering with and serving a community.

We believe that applying what they have learned and giving you an opportunity to give back to a community, will be a life-changing way for you to experience spreading the gospel.



KNOW. LOVE. IMPACT

Winter Semester: Becoming Followers of Jesus



For the Winter semester, we will be focusing on learning how you can become followers of Jesus through reading scripture, reflection, and prayer. This season we will be diving into the Gospel of Mark learning about the life of Jesus. Also during week 10 our Follow students will be working during our March Break Camp to train them and prepare them for the Year End Missions Trip

We will be following a Bible plan on the Bible app titled “30 Days In The Gospel of Mark”. You will complete and answer 3 devotionals per week and answer the questions that are provided in the devotionals.

If you need to be added to a group, please email aaron@onechurch.to.

How To Read Your Bible and Journal



Step 1: Read Scripture

- Read slow and out loud
- Read several times, be attentive to detail
- Highlight / Note verses or phrases that stand out to you

Step 2: Meditate

- Think about what you read and how it connects to your life
- What did you learn about God?
- What did you learn about yourself?

Step 3: Prayer

- Thank God for his word
- Ask God to provide opportunities to apply what you learn in your life

Step 4: Contemplate

- Take a deep breath
- remain in God's presence
- Listen to the small voice of the Holy Spirit

Journal Layout Example

Scripture

Romans 5:3 - 5:4

- (Highlight) We can rejoice, too, when we run into problems and trails, for we know that they help us develop endurance.

What did I learn about God during my readings?

- God is always with us in problems and trails
- God is always finds ways in strengthening my character
- God wants me to celebrate and rejoice in all seasons

What did I learn about yourself during my readings?

- I'm too hard on myself when I fail
- I need to remember that God loves me and is looking out for me
- I need to be more patient in tough and challenging seasons
- I want my character to be strengthen to glorify God

What are my next steps to apply what I learned?

- Be more patient in the process of building my character
- Treat my friends and family better as God loves them too regardless of how they treat me.
- Consistently remind myself that God is always building me up.

Prayer

- Thank you for all that you do. Allowing me to see that I'm struggling in my patience.
- Please help me humble myself in the things I do.



GOSPEL OF MARK

JANUARY & FEBRUARY

WEEK 1

Day 1: Mark 1:1-13

Day 2: Mark 1:14-28

Day 3: Mark 1:35-45

WEEK 2

Day 4: Mark 2:1-12

Day 5: Mark 2:23-28
Mark 3:1-6

Day 6: Mark 3:13-19
Mark 3:31-35

WEEK 3

Day 7: Mark 4:1-20

Day 8: Mark 4:35-41

Day 9: Mark 5:25-34

WEEK 4

Day 10: Mark 6:1-13

Day 11: Mark 6:30-44

Day 12: Mark 7:5-23

WEEK 5

Day 13: Mark 7:24-30

Day 14: Mark 8:22-30

Day 15: Mark 8:31-38
Mark 9:1

**“For even the Son of Man came not to be served
but to serve others and to give his life as a ransom for many.”
Mark 10:45 NLT**



GOSPEL OF MARK

FEBRUARY & MARCH

WEEK 6

Day 16: Mark 9:2-10

Day 17: Mark 9:30-37

Day 18: Mark 10:17-31

WEEK 7

Day 19: Mark 10:32-45

Day 20: Mark 11:1-11

Day 21: Mark 12:28-34

WEEK 8

Day 22: Mark 13:1-13
Mark 13:24 - 27
Mark 13:32

Day 23: Mark 14:1-11

Day 24: Mark 14:12-26

WEEK 9

Day 25: Mark 14:32-42

Day 26: Mark 14:43-52

Day 27: Mark 15:1-15

WEEK 10

**WORKING AT ONECHURCH.TO DURING
MARCH BREAK CAMP**

And you must love the Lord your God with all your heart,
all your soul, all your mind, and all your strength.'

Mark 11:25 NLT



GOSPEL OF MARK

MARCH

WEEK 11

Day 28: Mark 15:21-32

Day 29: Mark 15:33-47

WEEK 12

Day 30: Mark 16:1-8

And then he told them, “Go into all the world and preach the Good News to everyone. Anyone who believes and is baptized will be saved. But anyone who refuses to believe will be condemned.

Mark 16:15-16 NLT

