



**SR. HIGH
SEMESTER THREE**



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INTRODUCTION

Our NextGen Follow is a program that is designed to help you grow spiritually and become Jesus followers who live out their faith.

Throughout Follow, you will be put into small groups during the school year. You will have a small group leader who will be journeying with you and keeping you accountable during this program.

By the end of the program, once you have completed all that is asked in NextGen Sr. High Follow, you will have the opportunity to participate in a Missions Trip to Northern Ontario where we have the privilege of partnering with and serving a community.

We believe that applying what they have learned and giving you an opportunity to give back to a community, will be a life-changing way for you to experience spreading the gospel.



KNOW. LOVE. IMPACT

Spring Semester: Impacting Our City



In our Spring semester, we will be focusing on learning how to pray for others and share our faith through reading scripture, reflection, and prayer. This season we will be reading the book of Ephesians and learning how Christ has united all people from all nations to himself. During this semester, you will pray for one of your friends who you would want to know Jesus. You will also find new ways to have conversations about life, God and His desire to know us all.

How To Read Your Bible and Journal



Step 1: Read Scripture

- Read slow and out loud
- Read several times, be attentive to detail
- Highlight / Note verses or phrases that stand out to you

Step 2: Meditate

- Think about what you read and how it connects to your life
- What did you learn about God?
- What did you learn about yourself?

Step 3: Prayer

- Thank God for his word
- Ask God to provide opportunities to apply what you learn in your life

Step 4: Contemplate

- Take a deep breath
- remain in God's presence
- Listen to the small voice of the Holy Spirit

Journal Layout Example

Scripture

Romans 5:3 - 5:4

- (Highlight) We can rejoice, too, when we run into problems and trials, for we know that they help us develop endurance.

What did I learn about God during my readings?

- God is always with us in problems and trials
- God always finds ways in strengthening my character
- God wants me to celebrate and rejoice in all seasons

What did I learn about yourself during my readings?

- I'm too hard on myself when I fail
- I need to remember that God loves me and is looking out for me
- I need to be more patient in tough and challenging seasons
- I want my character to be strengthened to glorify God

What are my next steps to apply what I learned?

- Be more patient in the process of building my character
- Treat my friends and family better as God loves them too regardless of how they treat me.
- Consistently remind myself that God is always building me up.

Prayer

- Thank you for all that you do. Allowing me to see that I'm struggling in my patience.
- Please help me humble myself in the things I do.



BOOK OF EPHESIANS

MAY & JUNE

WEEK 1

Day 1: EPH 1:1 & 2

Day 2: EPH 1:3 - 6

Day 3: EPH 1:17 - 12

Day 4: EPH 1:13 - 14

Day 5: EPH 1:15 - 23

WEEK 2

Day 6: EPH 2:1 - 3

Day 7: EPH 2:4 - 7

Day 8: EPH 2:8 - 10

Day 9: EPH 2:11 - 17

Day 10: EPH 2:18 - 22

WEEK 3

Day 11: EPH 3:1

Day 12: EPH 3:2 - 6

Day 13: EPH 3:7 - 13

Day 14: EPH 3:14 - 17

Day 15: EPH 3:17 - 21

WEEK 4

Day 16: EPH 4:1 - 3

Day 17: EPH 4:4 - 12

Day 18: EPH 4:13 - 16

Day 19: EPH 4:17 - 24

Day 20: EPH 4:25 - 32

WEEK 5

Day 21: EPH 5:1 - 7

Day 22: EPH 5:8 - 14

Day 23: EPH 5:15 - 20

Day 24: EPH 5:21

Day 25: EPH 5:22 - 33

WEEK 6

Day 26: EPH 6:1 - 3

Day 27: EPH 6:4

Day 28: EPH 6:5 - 9

Day 29: EPH 6:10 - 17

Day 30: EPH 6:18 - 24

PRAYER **CARD**

CONVERSATION
STARTERS



PRAYER CARD

**WHO IS SOMEONE IN YOUR LIFE THAT YOU
WOULD LOVE TO SEE COME TO KNOW JESUS?**

WHY DO YOU WANT THEM TO KNOW JESUS?

**THROUGHOUT THIS SEMESTER, TAKE TIME TO
PRAY OVER THIS PERSON. PRAY THAT GOD WILL :**

- **PLANT A SEED IN THEIR LIFE**
- **ALLOW THEM TO BE OPEN TO LISTENING**
- **SOFTEN THEIR HEARTS TOWARDS HIM**

COMMIT TO CONTINUALLY PRAY FOR THIS PERSON



HAVE A CONVERSATION

CONVERSATION STARTERS

- **WHAT DO YOU CONSIDER TO BE LOVE?**
- **WHY DO YOU THINK HUMANS WERE CREATED?**
- **WHAT DO YOU THINK THE MEANING OF LIFE IS?**
- **WHY DO YOU THINK BAD THINGS HAPPEN IN THIS WORLD?**
- **WHAT DO YOU THINK HAPPENS AFTER DEATH?**



HAVE A CONVERSATION

WHAT'S THEIR NAME? _____

WHAT QUESTION DID YOU USE TO START THE
CONVERSATION?

HOW DID IT FEEL HAVING THAT CONVERSATION,
AND WHY?



HAVE A CONVERSATION

WHAT WENT WELL DURING THE CONVERSATION?

WHAT WOULD YOU CHANGE FOR THE NEXT TIME?

SHARE
YOUR
STORY



**SHARE
YOUR STORY**

YOUR STORY IS A POWERFUL TOOL TO SHARE WHAT YOU BELIEVE AND A GREAT WAY FOR PEOPLE TO COME TO KNOW JESUS. WRITE DOWN A STORY YOU HAVE AND START SHARING IT!

WHY DO YOU FOLLOW JESUS?

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and extend across the width of the page. There are no margins, text, or other markings on the paper.





YOUTH
YOUR
AGE
TALKING
ABOUT
JESUS

To help prepare you for your filming, use these questions to help guide your thoughts for the video.

Who is Jesus to you?

How has your life changed since knowing Jesus?

Why do you want other people to experience Jesus?
